

TEST | DRUM ROLL PLEASE: announcing your new wellness concierge

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GroupHEALTH is excited to announce the launch of sparrow, a new wellness concierge included in your GroupHEALTH benefits plan.

On October 1, 2024, we're charting a better path with sparrow and transforming healthcare accessibility. Through sparrow you'll receive seamless access to comprehensive care, supporting you and your dependents in proactively managing your whole health in one centralized place.

### Get to know sparrow

sparrow offers:

- Access to direct and seamless **virtual healthcare**, connecting you to a licensed physician in under 10 minutes.
- The benefit of a **unified health record**, meaning your medical history and experience is available to sparrow's network of healthcare providers



The services listed above will replace your current TELUS Health Virtual Care starting October 1, 2024. You can continue to use TELUS Health Virtual Care services in accordance with your benefit plan until October 1, 2024.

### Here's what's happening next

- Later this month, we'll remind you of the sparrow launch, providing you with more information to support you in accessing your comprehensive care and managing any existing care transitions.
- On October 1, 2024, you'll receive an email directly from sparrow inviting you to begin exploring all it has to offer.
- Starting in October, we're hosting orientation sessions to take you on a tour of sparrow, highlighting some key features that you won't want to miss.

Until then, we hope you're as excited as we are for you to experience sparrow!

If you need support, please contact your GroupHEALTH representative.



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