

The PA Advocate

Fall 2019



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EASY ADMINISTRATION

UPDATING EMPLOYEE RECORDS

September is a great time to review the annual earnings you have on record at GroupHEALTH. Benefit payments for plan members are typically based on these earnings.

You can easily review the annual earnings on your billing statement, on the Employee screen in WEBS, or we are happy to provide you with a salary spreadsheet.

If you have changes to make save time and ask your GroupHEALTH Representative to import the salary information directly into WEBS.



PLAN ADMINISTRATOR NEWS

INTRODUCING LIFEWORKS LIFT SESSION

LIFT session is now available immediately in all plans with

LifeWorks, at no additional cost.



LIFT session is a virtual fitness platform where your employees can access personalized fitness programs through their mobile device. Video-driven exercise regimens are built for each employee, based

on their profile and preferences. Plus, employees can access fitness coaches if they have questions or they can choose to work out under the live supervision of a coach through 1-on-1 or group training sessions.

Corporate challenges, group training, and 1-on-1 personal training are available at an additional cost.

WHY LIFT SESSION?

Virtual fitness supports employee wellness by combining technology and live coaches in an environment where users are held accountable, workout safely at maximum efficiency, achieve results faster, and have fun!

HOW TO GET STARTED

Get started online by visiting the LifeWorks LIFT session website through the button below. Sign up and complete the online fitness assessment to start your fitness journey. Get started with LIFT session at <https://lifeworks-global.liftsession.com/>

Telling Your Employees About LIFT session

If LifeWorks is part of your employee benefits plan, you will want to let your employees know about LIFT sessions so that they can begin to use this service. Communication resources are available to you through the PA Knowledge Base. Visit <https://clienthelp.grouphealth.ca/knowledgebase/communicate-adding-lifeworks-lift/> for employee communication resources.

VIRTUAL HEALTHCARE, POWERED BY AKIRA

Beginning October 2019, most renewing GroupHEALTH employee benefit plans will include Virtual Healthcare, powered by Akira.



If your plan qualifies for Akira, your renewal document will reflect this change. Your Advisor Partner or GroupHEALTH Benefits Specialist can answer any questions about this service for you.

Virtual Healthcare, powered by Akira allows employees to consult confidentially with an accredited doctor or nurse practitioner by video conference using their phone, tablet or computer. The Akira medical team can diagnose medical concerns, write prescriptions, order diagnostic tests and refer patients to doctors and other specialists. Read more about Virtual Healthcare, powered by Akira here: <https://solutions.grouphealth.ca/s/virtualhealthcare/>

Communicating this change to your employees

If Virtual Healthcare, powered by Akira, has been added to your benefits plan, you will want to let your plan members know about this change so that they can begin to use this service. We've made communication resources available to you through the PA Knowledge Base. Use the button below to access these resources. Visit <https://clienthelp.grouphealth.ca/knowledgebase/communicate-adding-virtual-health-care/> for employee communication resources.

IMPORTANT REMINDERS

NEW REXALL DIRECT LOCATION IN BC

On Tuesday, August 6, Rexall Direct opened a new facility in BC. The new location is a larger facility in Surrey, BC dedicated to fulfilling mail orders. See their new address and phone numbers below:



7495 132 Street, unit 1003
Surrey, BC
V3W 1J8

Long distance phone: 1-888-792-3667
Local phone: 604-421-8498
Fax: 1-800-563-8934

Communicating this change to your employees

In July, Rexall Direct provided their current patients with a letter advising them of the change. GroupHEALTH has updated all member-facing materials with the new contact information.

POWER TOOLS FOR PLAN ADMINISTRATORS

FREE MONTHLY WEBINARS

Get helpful tips and training on WEBS, Enrol-ME Online and more. Webinar dates and registration information can be found here:

<https://register.gotowebinar.com/rt/3123887757755248641>.

ONLINE KNOWLEDGE BASE

Everything you need to know about administering your benefits plan, at your finger tips. Visit the Knowledge Base at: clienthelp.grouphealth.ca

Questions or comments?

Please contact your GroupHEALTH Representative.

Email: info@grouphealth.ca

www.grouphealth.ca